

# PREPARATION FOR WORK

May 2015

GOAL GO-WOMAN!  
ALLIANCE CIC

**Name** Masuma Javed **Age** 36

**Background** Masuma came to the UK in 2007. She is married with 2 children. She is currently volunteering at a local children centre supporting English tutors to deliver basic English to adults whose first language is not English.

**Education** She has a master's degree in chemistry as well as B.Ed. qualifications in teaching from Pakistan.



## How did you feel about starting 'Preparation for Work' programme?

I have been unemployed for just over one year due to family commitments and now I feel I am ready to go back to work. I felt scared about going through the interview as I have previously attended two interviews and felt that I didn't do well in them as I feel I need to update my skill set, so when I heard about this programme, I felt it was what I needed to help me get back into work.

## What were you hoping to learn from the programme?

I was hoping to update my CV and gain confidence and skills for an interview. I was looking forward to the work-experience to learn what had changed as well as learning new skills in a different environment

## What have been the most positive aspect(s) of doing 'Preparation for Work' programme?

My work experience has been the most positive aspect of this course. I have previous experience in the retail sector and care sector; therefore for my work experience I chose to work as a group facilitator in adult education. When I applied for the group facilitator, I wanted to gain some new skills. The opportunity has refreshed my knowledge in the educational sector and has shown me how methods of teaching are changing every day. I have really enjoyed this programme and my mentor has been fantastic in supporting and guiding me.

## What are you planning to do next?

I will continue with my voluntary work to keep developing my skills. I have also started to attend IT skills course and CACHE Level 1 course. Thanks to the work experience, I now know that I want to go into teaching, so I am working towards this. I will be starting CACHE Level 2 in teaching assistant in September 2015.

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