

# PREPARATION FOR WORK

May 2015

GOAL GO-WOMAN!  
ALLIANCE CIC

**Name** Mehreen Akhter **Age** 30

**Background** Mehreen came to the UK in 2009. She is married with 2 children. She is currently volunteering at a local children centre supporting IT facilitators to deliver basic English to adults whose first language is not English, through use of IT resources.

**Education** Mehreen has Bachelor of Arts degree from Pakistan. She also has B.Ed. qualifications in teaching from Pakistan.



## How did you feel about starting 'Preparation for Work' programme?

I felt very nervous about being put through an interview as I didn't know what I would be asked by the interviewer, at the same time I felt a little excited to have this opportunity to develop my skills

## What were you hoping to learn from the programme?

I was hoping to develop my interview skills and CV building as I have been out of work for some time and I feel like a lot has changed in the work industry. I'm also hoping to gain confidence in interviews and I feel 'Preparation for Work' will help me gain the skills I need.

## What have been the most positive aspect(s) of doing 'Preparation for Work' programme?

Support with applying for a job and being put through a formal interview has been a great achievement for me as I have never been through an interview process before. I have enjoyed my work experience, as this has given me an opportunity to meet different people in various roles and have the opportunity to volunteer in a completely new environment. My mentor has supported me a lot with applying and searching for jobs online, my mentor also took me to the local jobcentre and guided me in searching and applying for jobs using the facilities at the job centre and this has been a new experience for me.

## What are you planning to do next?

I will continue with my voluntary work to develop my skills some more and gain more experience whilst still searching and applying for new jobs. I have currently enrolled onto a childcare course and will also be enrolling in an IT course to further develop my skill set.

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