

# PREPARATION FOR WORK

May 2015

GOAL GO-WOMAN!  
ALLIANCE CIC

**Name** Udari Dissanayak **Age** 34

**Background** Udari is married with 2 children. She is currently volunteering as a classroom facilitator, supporting women to develop the English language.

**Education** Udari has BA Honours in accountancy and management



## How did you feel about starting 'Preparation for Work' programme?

I felt nervous about entering the work environment as I have been out of work for years.

## What were you hoping to learn from the programme?

Due to family commitments, I have been out of work for 5 years now. I wanted to give my children my time before they started school and now I am ready to go back but as it has been 5 years I was hoping to develop some new skills and gain more experience. I really needed to update my CV. I needed the experience of going through the interview process and was therefore nervous about this.

## What have been the most positive aspect(s) of doing 'Preparation for Work' programme?

At the beginning of my work experience, I supported the IT tutor delivering English for beginners using ICT resources. This was a role I really wanted to gain more experience in. I moved on to provide support to the English tutor delivering basic English for beginners in the classroom; an extension of the IT classes. These sessions support adults in developing, reading, writing and speaking skills and to my surprise I have really enjoyed this experience. I have gained some wonderful new skills through my work experience and will continue in developing my skills in this area.

## What are you planning to do next?

I am continuing with the voluntary work whilst searching for jobs.

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