

Hot Meal with Good Company



Funded by



**CLARION
FUTURES**



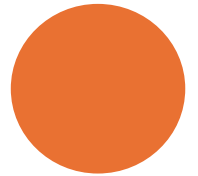
Project Outline

In January 2024, Go-Woman! Alliance secured funding from Clarion Futures for their 'Hot Meal with Good Company' initiative. This project aimed to provide warm meals to women and children in the community, complemented by a 'Recipe in a Box' program.

Monthly, 20 recipe boxes were distributed across various groups, such as Parent & Toddler, where parents and children cooked together to promote healthy eating habits with nutritious and cost-effective recipes.



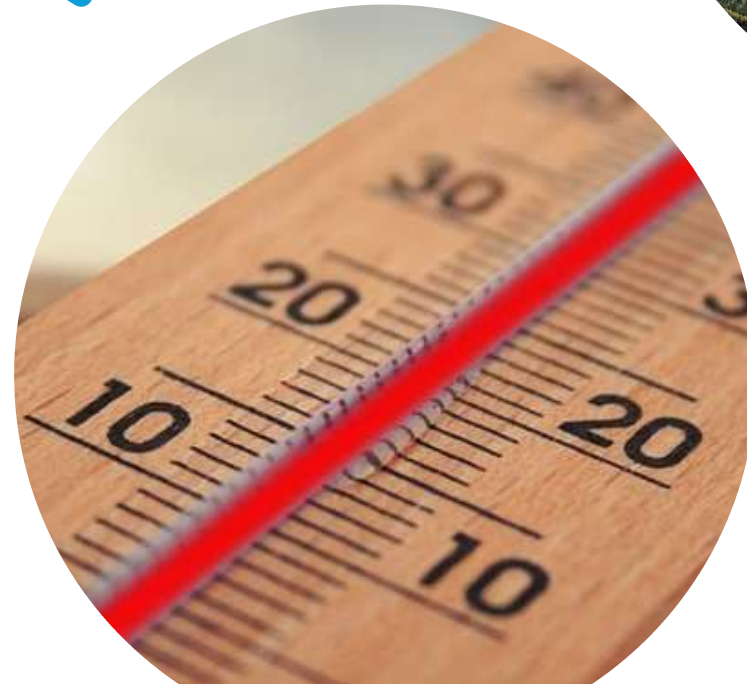
Go-Woman! Alliance operates as a warm space, recognising the stigma often associated with such venues, 'Hot Meal with Good Company' initiative was integrated seamlessly into existing Tuesday and Wednesday group sessions. These sessions include arts and crafts activities, as well as light exercises provided by the Aston Villa Foundation, attracting a consistent attendance of over 20 individuals each day.



Warm Packs

As an extension to the current project, Go-Woman! Alliance (GOAL) received further funding from Clarion Futures in collaboration with Rothesay Foundation to extend its Warm Spaces initiative. GOAL committed to delivering 30 warm packs, targeting the most vulnerable in the community, in partnership with key allies. These packs, individually customised with the help of local partners, ensured tailored support to meet the unique needs of each beneficiary.

This expansion enhanced our efforts to create welcoming environments for individuals in need, furthering our commitment to fostering community support and well-being.



Thanks to our staff's adeptness at identifying individual needs and finding the best deals, we've managed to distribute over 50 packs to those most in need, further amplifying our impact within the community.



Thank You!

- ❖ I cannot believe that I do not have to pay for these, thank you so much. You have made my day.
- ❖ It's lovely to know that there are people who care.
- ❖ Wow, what have I done to deserve this?
- ❖ These socks are so toasty, my feet are always cold. These will help.
- ❖ Thank you so much. It's lovely to know that there is help like this out there that goes right to those who need it.