

# TIMETABLE

 (Behind Saltley Methodist Church),  
**140 Alum Rock Road,**  
**B8 1HU**

 **0121 327 2997**

 **info@gwacic.com**

## MON

9.30am - 11.30am English My Way/Entry Level 1  
12.30pm - 2.30pm English Speaking Class

## TUES

9.30am - 2.30pm DOSTI Group - Archery PM  
9.30am - 11.30am Basic English/Beginners ESOL(BAES)  
11.00am - 11.45am Yoga Session with Khushu Ltd  
12.00 - 3.00pm W.E.A.R (Empower, Heal, Thrive)  
12.15pm - 2.30pm Internet Cafe

## WED

9.30am - 1.00pm W.E.L.L Group (Drop-In)  
10.00am - 11.00am Bumps & Bundles  
10.00am - 11.00am Walking Group  
10.00am - 2.00pm Pre Employment Training  
12.30pm - 2.30pm Carer Support Network

## THURS

9.30am - 11.30am/1.00pm - 3.00pm  
Parent & Toddler  
10.00am - 2.00pm English Entry Level 2  
12.30pm - 2.30pm Computer Class  
Support & Guidance - (By Appointment Only)

Warm Space, Mon - Thurs  
Hot Food & Good Company (12.00pm - 12.30pm)  
★ Archery - Rotating Timetable